Work preferences template for

Conditions I like to work in

e.g. quiet, with headphones, opportunity to discuss

The hours I prefer to work

e.g. when you are the most productive, things outside of work which influence your hours

How I like to communicate

e.g. chat, email, Skype and how it differs for different types of communication

What attributes I value most in a team

e.g. structure and clarity, shared purpose, communication, empowerment and support

How I learn best

e.g. reading, visual, discussions

Things I love

e.g. types of work you love to do, values, things that give you joy at work

Other things to know about me

e.g. other likes or dislikes, personality quirks, or things you would like people to know about you